|  |  |  |
| --- | --- | --- |
|  | **YOGA CLASS SCHEDULE****DECEMBER, 2019****Cost cash: $10, $8; 11 class pass $88; $66 students**  |  |
| Sun | Mon | Tues | Wed | Thurs | Fri | S |
| 1 | 2**NO CLASS TODAY** | 3**5:15am** Power Vinyasa Flow with Kristi**5:30pm** Satya Flow with Andrea | 4**NO CLASS TODAY** | **5****5:30pm** Satya Flow with Andrea | 6**NO CLASS TODAY** | 7 |
| 8 | **9****8am** Stiff Body Yoga with Patty | 10**5:30pm** Satya Flow with Andrea | 11**8:30am** PattyFinding Balance Yoga**10:00am** Chair Yoga with Patty | 12**5:30pm** Satya Flow with Andrea | 13**8:30am** Yoga for Body Awareness Patty**10:00am**Gentle Yoga with Patty | 14 |
| 15 | 16**8am** Stiff Body Yoga with Patty | 17**5:30pm** Satya Flow with Andrea | 18**8:30am** PattyFinding Balance Yoga**10:00am** Chair Yoga with Patty | 19**5:30pm A**Satya Flow with Andrea | 20**8:30am** Yoga for Body Awareness Patty**10:00am**Gentle Yoga with Patty | 21 |
| 22  | 23**8am** Stiff Body Yoga with Patty | 24**Merry Christmas Eve****NO CLASSES** | 25**Merry Christmas****NO CLASSES** | 26**5:30pm A**Satya Flow with Andrea | 27**8:30am** Yoga for Body Awareness Patty**10:00am**Gentle Yoga with Patty | 28 |
| 29 | 30**8am** Stiff Body Yoga with Patty | **31** **5:30pm A**Satya Flow with Andrea **FREE!!** | 1 January, 2020 |  |  |  |

**Schedule may change without Notice, please check Facebook, website or call with questions** Please provide any feedback on class times you prefer!!

YogaStudioOfRiceLake.com Class descriptions on the web site! Phone: 715-234-2525